

Checklist for Drill Creation

The following checklist will assist coaches in the planning drills or sections of practice sessions.

Does the drill have:

#	Focus	<input checked="" type="checkbox"/>
1	A clear purpose with players working on specific areas of emphasis	<input type="checkbox"/>
2	Coaching cues that the players will be briefed on	<input type="checkbox"/>
3	Key points of emphasis which teach/reinforce to the athletes the 'how', 'when' and 'why' of the primary skill/concept/technique worked on in the drill	<input type="checkbox"/>
4	Logical focus areas within the coaching process and potential for extension and modification <ul style="list-style-type: none"> - Individual to team - unguarded to guarded - controlled to game tempo - simple to complex 	<input type="checkbox"/>
5	Logical rotations which the players will be briefed on	
6	Capacity for players to work on using both hands and playing on both sides of the floor	<input type="checkbox"/>
7	Multi-dimensional aspects that allow players to practice multiple skills	<input type="checkbox"/>
8	An element that works on players' transition skills and mentality	<input type="checkbox"/>
9	An element that works on rebounding	<input type="checkbox"/>
10	A scoring system	<input type="checkbox"/>
11	A timing system	<input type="checkbox"/>
12	Clearly outlined player communication cues to encourage talk	<input type="checkbox"/>
13	Time for evaluation and player debrief	<input type="checkbox"/>